

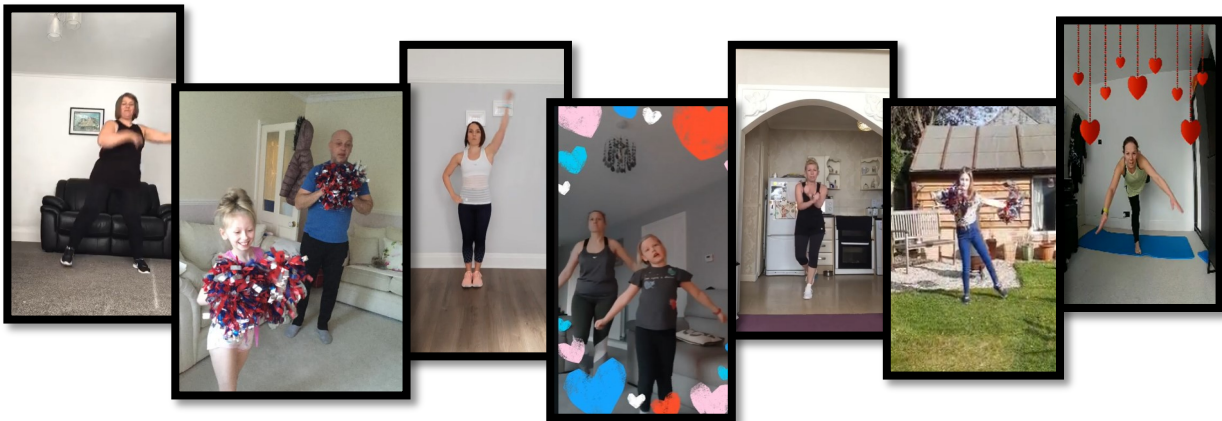


Welcome

It has been a strange few months for us all as we get used to a different way of life. We have all missed dancing and meeting up with our family and friends. Kelly and Ellen have continued to work full time throughout lockdown but are really missing seeing our amazing dancing family.

Facebook Dance Family

To keep the children motivated Kelly and Ellen set up Kellen Dance Academy Live. The children have enjoyed dancing with live classes and dance videos. We must also thank Mandy and Amanda for their help in keeping the children moving with the mass dance and strength and conditioning.



The children have also been enjoying taking part in weekly challenges. They have danced, chanted, created obstacle courses, made trophies and wrote poems amongst other many things.



Pure Pilates Live

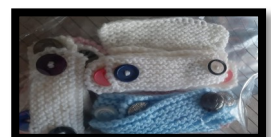
Amanda has been busy throughout the lockdown with her Pilates classes. Jen, John, Kerry and Sue have all been enjoying the sessions and keeping up with their exercise, come rain or shine!



Helping the Carers

Kelly, Amanda, Sue and Maureen have been busy knitting these strips for the workers in care homes who need to wear face masks.

Thanks Ladies!



Updates from Home

As we all can't go out dancing everyone has been finding different things to do. Many people have been busy in their gardens.



Bill and Helen have been busy with hanging baskets.



Brian and Janet have been busy in their garden along with making lots of photo books.

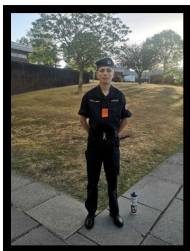
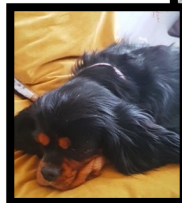


Carl and Joan have been busy taking down a large hedge in their garden, along with organising a social distanced VE day celebration.



Amanda has been busy in her garden when she isn't working. David and Elsie have also been enjoying their garden too.

Mike and Eileen have been busy with lots of activities including Pilates, baking and visits from this lovely dog who loves cuddles!



Barbara has been thinking about her great grandson who has just joined the navy. He is now in Plymouth for his training, although he has developed an injury. Hopefully he will be on the mend soon.

Vera has been enjoying going for a daily walk as have Derek and Carol, who have recently visited the coast. Ellen has called on Mavis, Phil and Kath whilst walking her dog and done them a spot of shopping.



Violetta and Emanoil enjoyed VE celebrations with this beautiful cake.



Kirsty is busy raising money for charity by running 5K everyday throughout June. Keep going Kirsty!

NEW!

Lessons are now available to book over Zoom for both children and adults.



This is a great opportunity to brush up on your routines from class with instant feedback from one of your teachers. We have all missed seeing each other face to face over the last few months so this is a great opportunity to get back to a class.

Message us now to book a slot.

Let's get back on our dancefloors!

We hope you are all staying safe and fingers crossed we will be back dancing together soon.

Love to all our dance family.

Please keep in touch.

We miss you all.

Kelly and Ellen